

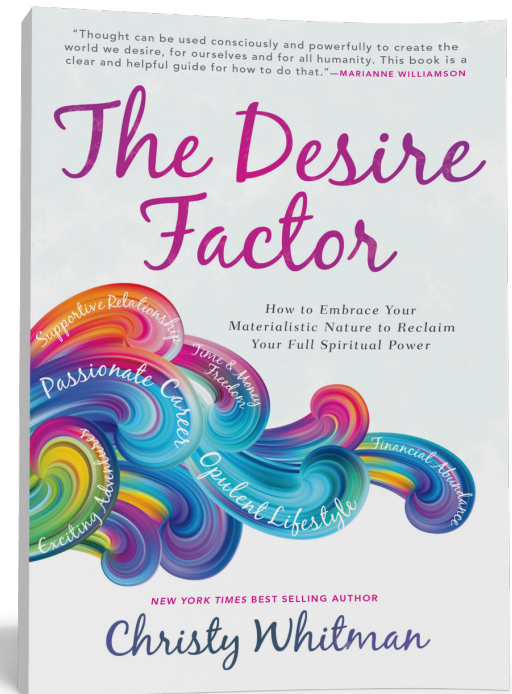
*Christy* WHITMAN  
*You and Your Life are Unlimited*



## **The Power to Create a Movement from a Book**

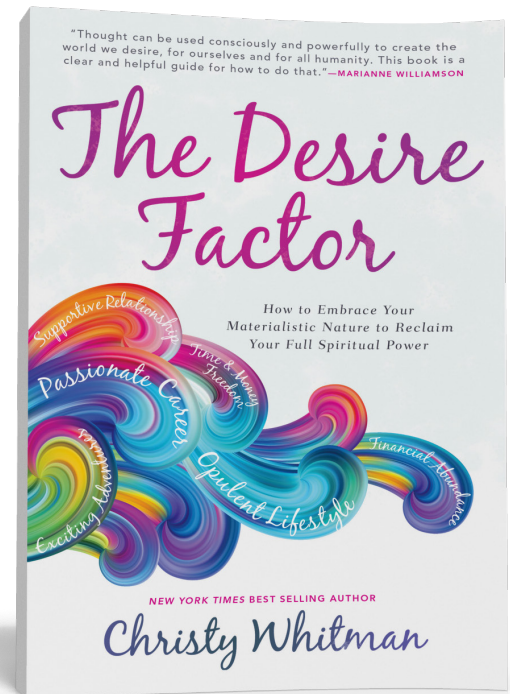


# Steps you can take to create energetic momentum – and start a movement – for your book:



Step  
1

Reconnect to the purpose  
you want your book to  
serve.





**What is the underlying reason that initially compelled you to write your book?**



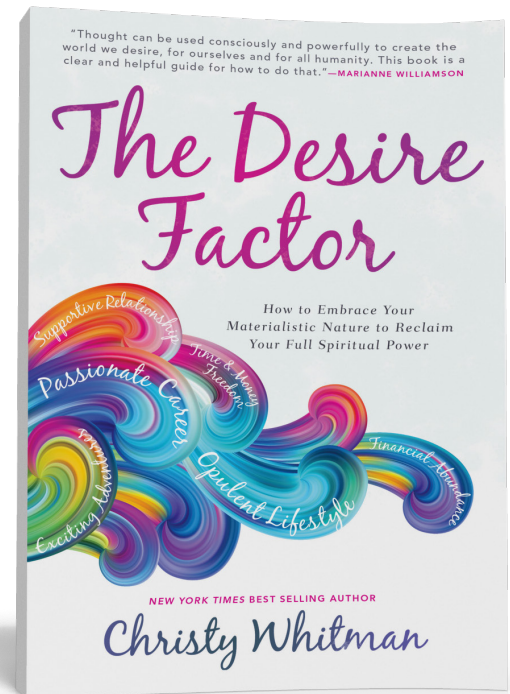
**What audience did you intend to reach, and what outcome did you hope to inspire within them?**

**In your heart of hearts, how  
big of an impact do you  
desire your book  
to have?**

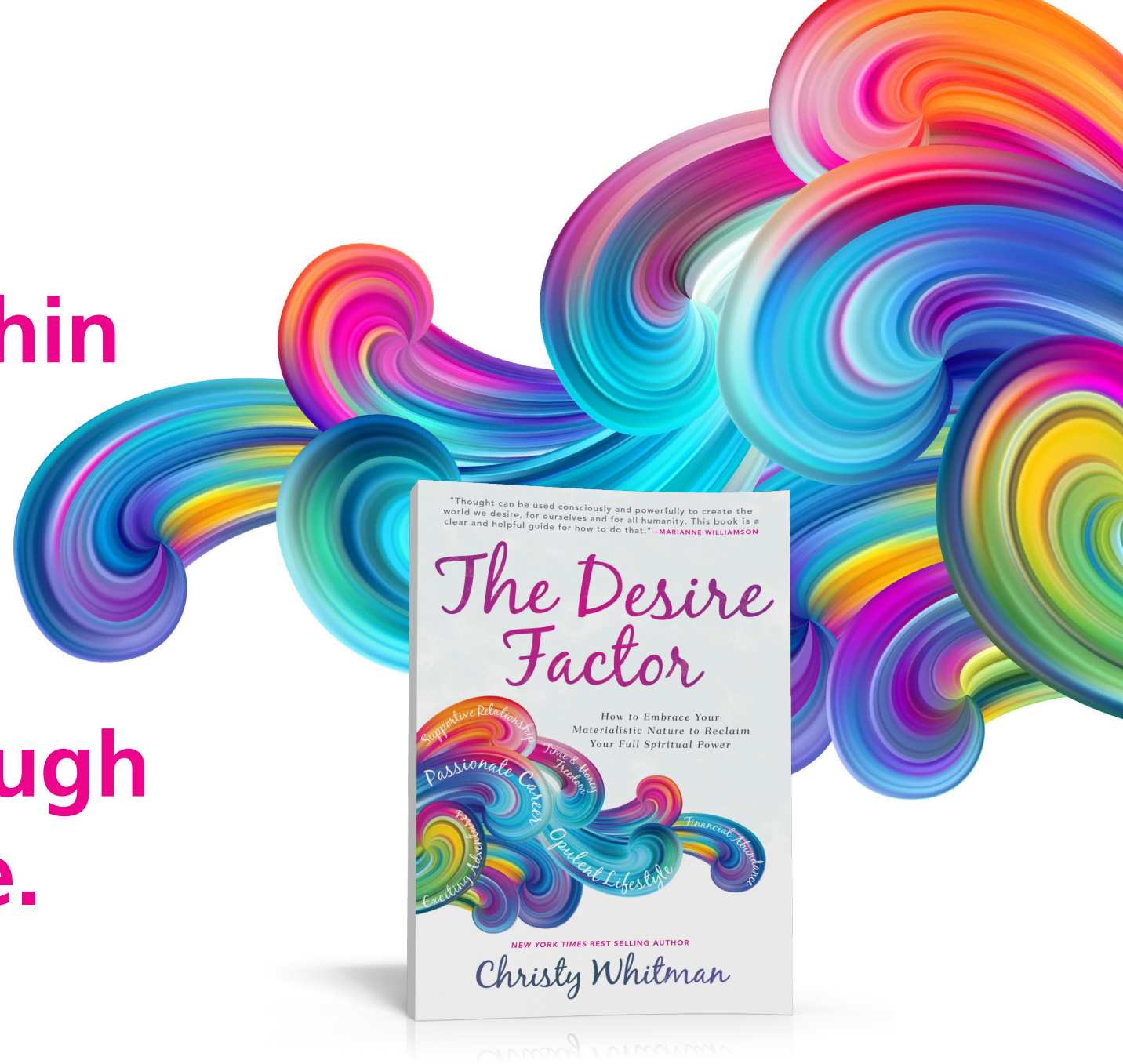


Step  
2

Allow your desire to  
inspire your imagination.



The moment any desire is born within us, the vibration of it creates a ripple effect that reverberates through all of the universe.





**Allow yourself to  
ponder, contemplate  
and imagine your  
desire coming to  
fruition.**



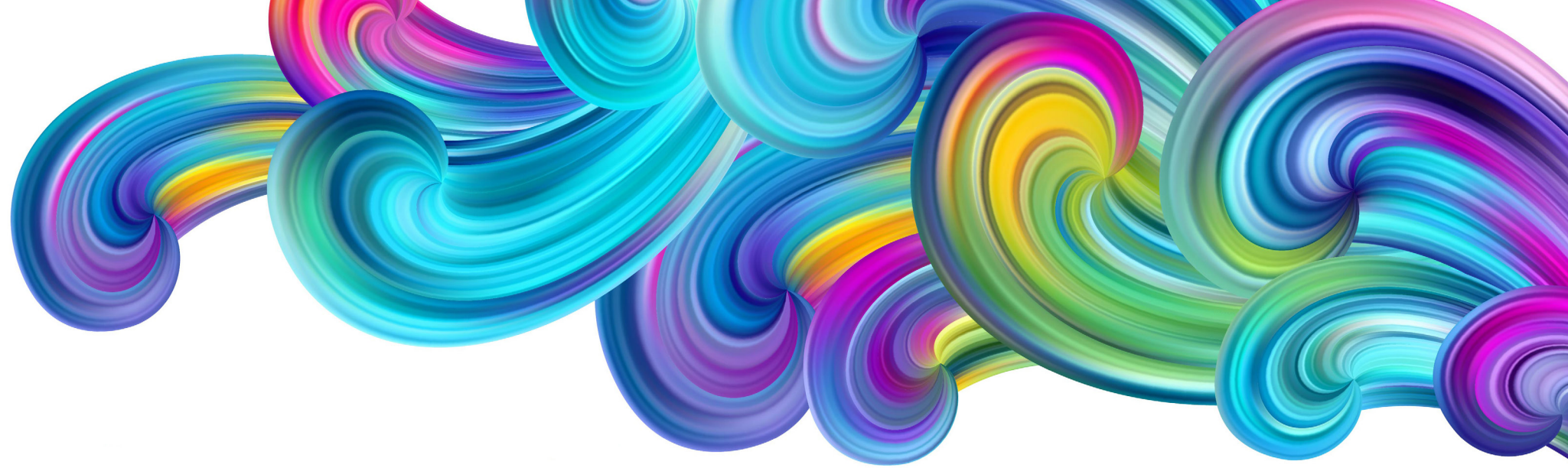
**Step  
3**

**Follow through on  
inspired actions.**



**Once the energy of a desire has been conjured, it is up to us to do our part to keep that energy moving.**





**Alignment and Momentum  
creates the power to create a  
movement from a book.**